

WYR
POSTCARD

Take care of your family by taking care of yourself.

Getting a mammogram could save your life.¹



Call [Insert Phone Number]



For my family



Getting a mammogram may save your life¹

[Insert return address here]

- Breast cancer is the **most common cancer** in South Asian women.²
- In about 85% of breast cancer cases, there is **no family history of the disease**.³
- According to the American Cancer Society, regular screening is the most reliable way to **catch breast cancer early**.⁴



The content presented here is for your information only. It is not a substitute for professional medical advice, and it should not be used to diagnose or treat a health problem or disease. Please consult your healthcare provider if you have any questions or concerns.

References: 1. Mammography saves lives. American College of Radiology website. Accessed March 16, 2023. <https://www.acraccreditation.org/Mammography-Saves-Lives> 2. Cancer incidence and 5-year survival among Asian/Pacific Islander people, United States—2008-2017. CDC website. Accessed March 16, 2023. <https://www.cdc.gov/cancer/uscs/about/data-briefs/hn22-cancer-incidence-survival-Asian-Pacific-Islanders-2008-2017.htm?cid=qr2022> 3. U.S. breast cancer statistics. Breastcancer.org. Last modified January 18, 2023. Accessed March 16, 2023. http://www.breastcancer.org/symptoms/understand_bc/statistics 4. American Cancer Society recommendations for the early detection of breast cancer. American Cancer Society website. Last revised January 14, 2022. Accessed March 16, 2023. <https://www.cancer.org/cancer/breast-cancer/screening-tests-and-early-detection/american-cancer-society-recommendations-for-the-early-detection-of-breast-cancer.html>

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